

SIZING GUIDE

MEASUREMENT GUIDELINES

We recommend taking all measurement from existing garments that you know fit well and comparing those measurements to the tables below to find your Tribal size.

1/2 Waist: We recommend taking an existing short or pant that you know fits well and taking a straight line measurement across the top of the waistband from one side to the other.

Then use the charts below to obtain which size you are in Tribal.

Length: We recommend taking the measurements from a garment you already own, otherwise measure in a straight line from the top of the waistband down the side of the short to the hem [outseam].

CORE TRAINING SHORT - BOYS

BOYS				
SIZE	K6	K8	K10	K12
1/2 WAIST (cm)	26.5	27.5	28.5	29.5
LENGTH OUTSEAM (cm)	29	30	32	34

CORE TRAINING SHORT - MENS

MENS							
SIZE	XS	S	M	L	XL	2XL	3XL
1/2 WAIST (cm)	31.5	32.5	34	35.5	37	38.5	40
LENGTH OUTSEAM (cm)	36	37.5	39	41	43	45	47

CORE TRAINING SHORT - GIRLS

GIRLS				
SIZE	K6	K8	K10	K12
1/2 WAIST (cm)	22.5	24	25.5	27.5
LENGTH OUTSEAM (cm)	25	26	27	28

CORE TRAINING SHORT - LADIES

LADIES							
SIZE	XS	S	M	L	XL	2XL	3XL
1/2 WAIST (cm)	32.5	35	37.5	40	42.5	45	47.5
LENGTH OUTSEAM (cm)	30	31	32	33	34	35	36