# **SIZING GUIDE**

#### **MEASUREMENT GUIDELINES**

We recommend taking all measurement from existing garments that you know fit well and comparing those measurements to the tables below to find your Tribal size.

1/2 Waist: We recommend taking an existing short or pant that you know fits well and taking a straight line measurement across the top of the waistband from one side to the other.

Then use the charts below to obtain which size you are in Tribal.

Length: We recommend taking the measurements from a garment you already own, otherwise measure in a straight line from the top of the waistband down the side of the short to the hem (outseam).

### **APEX TRAINING SHORT - BOYS**

BOYS				
SIZE	K6	K8	K10	K12
1/2 WAIST (cm)	26.5	27.5	28.5	29.5
LENGTH OUTSEAM (cm)	34	35	36	37

# **APEX TRAINING SHORT - MENS**

MENS							
SIZE	XS	S	M	L	XL	2XL	3XL
1/2 WAIST (cm)	31.5	32.5	34	35.5	37	38.5	40
LENGTH OUTSEAM (cm)	38	41	43	45	47	49	51

### **APEX TRAINING SHORT - GIRLS**

GIRLS				
SIZE	K6	K8	K10	K12
1/2 WAIST (cm)	22.5	24	25.5	27.5
LENGTH OUTSEAM (cm)	25	26	27	28

## **APEX TRAINING SHORT - LADIES**

LADIES							
SIZE	XS	S	М	L	XL	2XL	3XL
1/2 WAIST (cm)	32.5	35	37.5	40	42.5	45	47.5
LENGTH OUTSEAM (cm)	30	31	32	33	34	35	36